

64-LIIKKEEN MIEKKAPARISARJA

Parisarjassa yhdistyvät tuishou-harjoittelu ja kamppailusovellutukset liikesarjan tekniikoihin

I Jakso

1. Open Taiji Sword / Three Rings Envelop Moon
2. Straight Thrust
3. File Back & Cut to Leg
4. Downward Parry
5. Cut to Wrist
6. Outside Parry and Thrust
7. Big Pole Star
8. Straight Thrust
9. Swallow Skims the Water
10. Little Pole Star
11. Little Pole Star
12. Twisting Sword
13. File Back
14. Shoot the Geese
15. Shoot the Geese

II Jakso

16. Inside Slice
17. File Back
18. Outside Sweep
19. Falling Flowers
20. Inside Slice
21. Falling Flowers 2 & Slash with Blade
22. Catch Hand and Whip Blade
23. Draw-back & Parry
24. Slash with Blade
25. Squeeze
26. Jump Back Safely (Slice)
27. Parry & Straight Thrust
28. Lion Holds its Head
29. Lion Holds its Head
30. Running Cut (with steps)
31. (Snake Parry) Phoenix Spreads its Wings
32. Bumping Parry

III Jakso

33. Slash with Blade
34. Place Incense on the Altar
35. Cut Hand / Cut Wrist
36. Little Whirlwind - (Inside Cutting)
37. Little Whirlwind - (Outside Cutting)
38. Little Whirlwind (cont.) - (Inside Cutting)
39. Little Whirlwind (cont.) - (Outside Cutting)
40. Chase the Bird up the Tree
41. Parry and Thrust
42. Enclose with Sword

IV Jakso

43. Reverse Bumping Parry / Inside Slice
44. High Draw-back Parry
45. Cutting After (Low)
46. Night Demon Explores the Sea
47. Inside Parry & Thrust
48. Dragon Stands at Cauldron's Edge
49. Upward Elbow Parries Sword Secret
50. Fair Maiden Weaves at Shuttles
51. Maiden Turning Sleeves
52. Waiting for the Fish
53. Waiting for the Fish
54. Flash the Blade

V Jakso

55. Tornado Sword
56. Turn to Rein in the Horse (Parry)
57. Cutting After (High)
58. Turn to Rein in the Horse (Thrust)
59. Jump Back Safely (Thrust)
60. Wasp Enters Nest
61. Ride and Counter
62. Hands Present the Ivory Scroll
63. Mutual Seal and Retreat
64. Conclusion of Tai Chi Sword